

# St Marychurch Pre-school

## Intimate Care Policy

### **Statement of intent**

No children are excluded from participating in our setting at St.Marychurch Pre-school nor who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. The practitioners work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

### **Aim**

Toilet training is a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### **Methods**

Practitioners have a list of young children in their care who are in nappies or 'pull-ups'.

The key person undertakes changing young children in their key groups; another practitioner may change a child if the key person is not present or is otherwise engaged.

Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.

- Gloves and aprons are put on before changing starts and the areas are prepared.
- All practitioners are familiar with the hygiene procedures and carry these out when changing nappies.

In addition, all practitioners ensure that nappy changing is relaxed and a time to promote independence in young children.

Practitioners are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.

Practitioners do not make inappropriate comments about young children's genitals when changing their nappies.

Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.

They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.

Should a child have an allergy to the hand soap used within pre-school, the staff will liaise with the child's parents to find a suitable alternative.

Older children access the toilet when they have the need to and are encouraged to be independent.

Nappies and 'pull ups' are disposed of hygienically. Any soiled (faeces) nappies or pull ups are bagged and disposed are in the outside bin. Ordinary pants that have been soiled are rinsed and bagged for the parent to take home.

**NB** If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

Signed \_\_\_\_\_ Position Chairperson

Dated \_\_\_\_\_

We aim to provide a safe, stimulating, caring, happy Pre-school where all children and their families are welcome. We provide a curriculum based on the Early Years Foundation Stage using individual children's interest and needs.